

PRESS RELEASE Northwest Gymnastics Training Center November 21, 2016

Gresham Gym Wins State Team Gymnastics Championship

Northwest Gymnastics Training Center (NGTC) captured the team title for the Oregon State Gymnastics Compulsory Championship for both the Level 3 and Level 4 Saturday and Sunday November 19 & 20th, 2016 in Springfield, OR.

The wins capped a perfect undefeated season for both teams. A sport in which tenth's of a point can make a difference between 1st & 5th, NGTC dominated both sessions, winning the Level 4 Championship by 3.1 points & NGTC Level 3 Team won by 2.175 points.

NGTC finished the 2015 Season with a 2nd place at the State Championship, losing to the winner by only 25 thousandths (.025). Determined not to allow history to repeat itself, the girls set lofty goals and attained many of them in route to the victories!

Teams Scores were as follows for Level 4:

1. NGTC (Gresham)	113.275
2. Westside Dance & Gymnastics (Tigard)	110.175
3. Flightschool Gymnastics (Hillsboro)	110.000
4. Multnomah Athletic Club (Portland)	109.600
5. Riverside Gymnastics (The Dalles)	109.100
6. Umpqua Valley Gymnastics (Roseburg)	109.100
7. Athletic Edge (Salem)	108.550
8. Nat. Academy of Artistic Gym. (Eugene)	108.350
9. Matrix Gymnastics (Grants Pass)	107.775
10. Americas Best Kids (Medford)	107.000

All totaled, 18 teams competed for Level 4 Championship.

Individual State Champions for her respective age division, NGTC Level 4 Are (State Champion event and score listed also):

Larissa Bonn Bars 9.675, Balance Beam 9.750, Floor 9.450, All-Around 37.600

Maria Buczkowski Vault 9.050

Keeley Chard Bars 9.550, All-Around 36.250

Ceana Cummings Balance Beam 9.225 Maiah Galpern All-Around 36.250

Rachel Hardy Bars 9.475, Floor 9.650, All-Around 37.025

Sienna Livengood Bars 9.575, All-Around 37.200

Barbara Sherman Vault 9.075

Azia Somook-Sprague Vault 9.300, Bars 9.575, All-Around 37.375



Our other Level 4 gymnasts for NGTC are: Becca Bice Samantha Griffin Allyson Nelson

Team Score were as follows for Level 3:

1. NGTC (Gresham)	115.325
2. Westside Dance & Gymnastics (Tigard)	113.150
3. Rigert Cheer & Gymnastics (Troutdale)	112.675
4. Matrix Gymnastics (Grants Pass)	112.450
5. America's Best Kids (Medford)	112.100
6. Multnomah Athletic Club (Portland)	112.000
7. Riverside Gymnastics (The Dalles)	110.725
8. Athletic Edge (Salem)	110.550
9. Gymnastics Northwest (Eugene)	110.300
10. Flightschool Gymnastics (Hillsboro)	109.925

All totaled, 21 teams competed for the Level 3 Championship.

Individual State Champions for her respective age division, NGTC Level 3 Are (State Champion event and score listed also):

Avery Abrahamian Vault 9.425, Balance Beam 9.650, Floor 9.475

Jasmine Bohanon Vault 9.500, Bars 9.650, Beam 9.50, All-Around 37.825

Kenzi Cox Bars 9.70, Floor 9.60, All-Around 37.700 Kaitlyn Henry Balance Beam 9.575, All-Around 37.525

Samantha Hill Vault 9.600, Bars 9.750, Beam 9.550, Floor 9.725, All-Around 38.625

Isabel McKinnon Floor 9.500, All-Around 37.800

Genna Olson Rocha Floor 9.550 Cheyanne Wertz Floor 9.525

Other level 3 gymnasts for NGTC are:

Cora Coffman

Katie Gaskill

Olivia Ishibashi

Cerena Philpott

Mylah Ramirez



In addition to the State Championship, the Level 3 Team also has the 40th best team score in the USA this year. NGTC Team score at the Harvest Invitational in Roseburg, Oregon November 5, 2016 of a staggering 116.275 catapulted the team into the coveted top 100 in the Nation, and the only team from the Pacific Northwest currently ranked in the top 100!

Northwest Gymnastics Training Center is a full-service gymnastics training facility for boys and girls in recreational and team gymnastics. Located just off Powell Blvd at Victory Street in Gresham, Oregon, NGTC has been nationally ranked and created numerous Oregon State Champions.

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